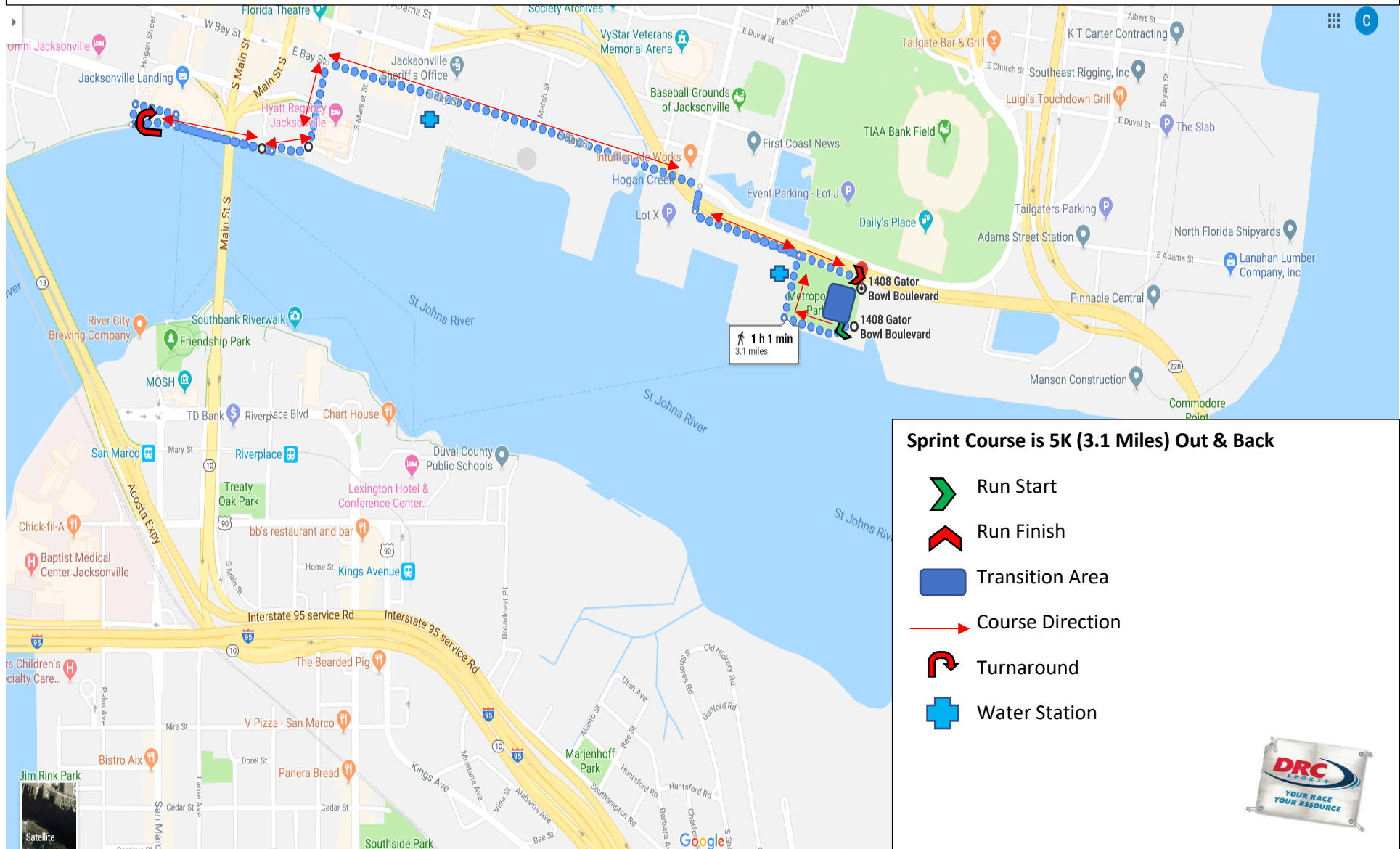


# Jax Triathlon

# Sprint Run Course – 5K (3.1 Miles)



**Sprint Course is 5K (3.1 Miles) Out & Back**

-  Run Start
-  Run Finish
-  Transition Area
-  Course Direction
-  Turnaround
-  Water Station

