PineappleMan Triathlon – 5K Run Course (3.1 Miles) mulaiamu **Run Course** OCEAN CREST Mile Marker CONDO 9th Terrace 10th Ter 12th Ave **Aid/Water Station** 13th Ave 12th Terrace ourne Ave Melbourne Ave Ormond Dr Orlando E Aid Stations Cocoa Av Cocoa Ave Duathlon Tampa Ave Tampa Ave Turnaround Palmetto Pl Deland Ave Melbourne Beach Deland Ave Miam\ Ave isherman Spirerside Dr Point (A1A) Hibiscus Trail Riverside Or Banyan Way Magnolia Poinsettia Rd NSET BAY venue B Avenue B Black Dog Bait and Tackle **Finish Line** 506-598 Ocean Avenue RyTransition