
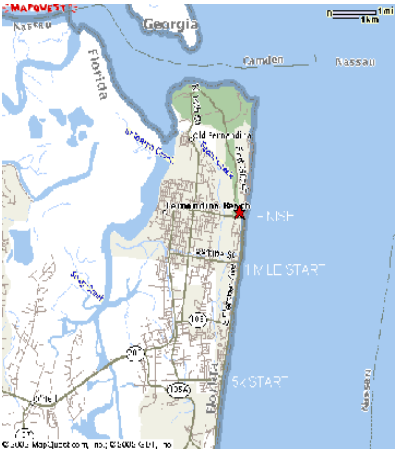


# 2009 Ed Gaw Amelia Island Open Water Challenge

USMS Sanctioned by Florida LMSC: Sanction #149-005OW

USA-Swimming Approval # A-4827

Entry forms available at [www.fbfl.us](http://www.fbfl.us)

<b>Events:</b> <ul style="list-style-type: none"> <li>• 5K open water swim</li> <li>• 1-mile open water swim</li> </ul>	
<i>Both events open to USMS and USA-Swimming registrants.</i>	
	<p align="center"><b>Saturday July 18, 2009</b></p> <p align="center">USMS Sanction No.:149-005OW USA-S/FL No.: A-4827</p>
<p><b>Race Start:</b> <b>8:30 a.m.</b> (approximately)</p> <p><i>Junior swimmers will launch 5 minutes prior to the masters swimmers (Subject to the discretion of race officials)</i></p>	
<p><b>Location:</b> <b>Fernandina Beach, Florida.</b></p> <p><i>Race finish area and check-in located at Main Beach at the intersection of Fletcher Avenue and Atlantic Avenue.</i></p>	
<p><b>Entry Fee:</b></p> <ul style="list-style-type: none"> <li>• \$30.00 before May 15, 2009</li> <li>• \$40.00 deck entry and entries received after May 15, 2009</li> </ul> <ul style="list-style-type: none"> <li>• All pre-registrants receive event T-shirt, swim cap, and other items.</li> <li>• Deck entries will receive a T-shirt on an as available basis.</li> <li>• Event participation limited to 300 swimmers – early registration encouraged.</li> <li>• Awards will be given to the overall top 3 male and female finishers and to top finisher in each age group.</li> <li>• All swimmers must be registered with USMS or USA swimming (\$17.00 on deck registration)</li> </ul>	
<p><b>Race Day:</b></p> <p align="right">7:00 a.m. check-in and deck registration at the race finish area located at Main Beach.</p> <p>City of Fernandina Beach staff and other drivers will provide transportation for all participants to the starting points* of the race at the Jasmine St. (1 mile event) and Simmons Road (5K event) beach accesses. There will be a course briefing on Saturday morning prior to the start of the swims. An awards ceremony and breakfast will be provided to all participants at the race finish area that is Main Beach Park. Non-swimmers must pay \$6.00 for the breakfast.</p> <p><i>* Race starting and ending points may be adjusted due to current direction at the race officials' discretion.</i></p>	
<p><b>Course Description and Safety:</b></p> <ul style="list-style-type: none"> <li>• 1-mile Event – race start located at Jasmine St. beach access</li> <li>• 5-K Event – race start located at the Simmons Road beach access</li> <li>• All events finish at Main Beach located at the intersection of Atlantic Avenue and Fletcher Avenue.</li> <li>• <b>COURSE DIRECTION (START AND FINISH POINTS) MAY BE ALTERED FOR SAFETY REASONS AT THE DISCRETION OF RACE OFFICIALS</b></li> </ul> <p>There will be a 2.5-hour time limit for racers to complete either course. Check-in at the finish line is mandatory for all racers. The safety of the swimmers will be a priority. There will be Coast Guard Auxiliary boats, and lifeguards on the water for the protection of the swimmers. EMTs and lifeguards will also be on the beach to assist swimmers in need.</p>	
<p><b>Event Contacts and Coordinator(s):</b></p>	<p>Scott Mikelson * 904/277-7350 * <a href="mailto:smikelson@fbfl.org">smikelson@fbfl.org</a>          Chris Gaw * 407/721-2837 * <a href="mailto:cgaw@cfl.rr.com">cgaw@cfl.rr.com</a>          Isabel Gaw *904/277-4328 * <a href="mailto:izzygaw300@bellsouth.net">izzygaw300@bellsouth.net</a></p>

**Make Check Payable To:** Amelia Island Open Water Challenge

**Mailing Address:** Amelia Island Open Water Challenge/Fernandina Beach Parks and Recreation Dept. /  
2500 Atlantic Avenue / Fernandina Beach, FL 32034

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## RACE REGISTRATION FORM

Online Registration can also be found at [www.active.com](http://www.active.com)

Name: \_\_\_\_\_ Age (on race day): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business/Cellular Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Event : (Circle One) 1 mile-USMS      1 mile-USA-S      5K USMS      5K USA-S

**USMS or USA Swimming Membership No.:** \_\_\_\_\_

PROVIDE COPY OF USMS or USA-Swimming MEMBERSHIP CARD OR PROOF OF MEMBERSHIP IN A FOREIGN ORGANIZATION .  
Daily membership available on deck for \$17.

Team Name (if applicable): \_\_\_\_\_

Male / Female (circle one)

Handicap assistance needed? yes / no (circle one) If yes, what type?: \_\_\_\_\_

\_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_ \$30 before May 15, 2009 / \$40 thereafter

T-shirt size: (Circle One)      S /      M /      L /      XL /      XXL

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